

## Seven Things You Need to Know before Your Health Screening

### 1. *What is a health screening?*

The health screening is a comprehensive exam of all family members' physical and emotional health, and it is required as part of your resettlement the United States. It takes place in a specific clinic and is performed by qualified healthcare providers.

### 2. *How do I get there?*

Your case manager will work with you and your family to secure the best transportation.

### 3. *My family has children of school age. What do I need to do at my health screening?*

In addition to the medical screening, there will be a universal well child check form filled out for your child to send to their school, and their vaccinations will be completed in order to be able to enroll as soon as possible. These school forms will only be available once you have completed the full exam, which could take between 1-3 visits.

### 4. *Why are you required to complete a health screening?*

- To ensure *you, your family, and your community* are safe and healthy.
- To access *necessary treatment and medicines*.
- To provide you with *necessary medical documentation*.

### 5. *How do you prepare for the health screening?*

- Bring each family member's *available documents, such as: I94s, passports, medical records, vaccine information from home, and other identifying documents you may have*.
- *Pack snacks, water, extra diapers, or anything else you may need while waiting.* Appointments may take several hours, as physicians will try to see your whole family in one day to limit the number of times you have to travel to their facilities.
- *Arrive on time to avoid further delays or cancellations.* Appointment times are very strict in the United States.
- If an emergency or urgent need arises, *please let your case manager know as soon as possible if you are not able to make your appointment.*

#### 6. *What should you expect at the health screening?*

- First, you will *check-in with the staff person at the front desk*.
- Next, you will *sit in a waiting room* to be called by the doctor. Please do not leave except in an emergency. If you need to use the bathroom, do not hesitate to ask where it is located. Let the front desk know if you have to step outside.
- When it is your turn, you will be *directed to a private exam room* where the doctor will examine all family members.
- During examination, the healthcare provider will perform a physical exam, and ask you some questions about your physical and emotional health.
- The healthcare provider will need to know the *full name, date of birth, and address* of each family member. Please make sure you have this information written down.
- *Please note that all examinations require a blood test*. This test will either be completed at the clinic or will be scheduled at a different location.
- Many examinations also require a stool sample. You may be sent home with a kit and instructions on how to collect your stool sample and return it to the clinic at your follow-up appointment.
- Please be sure to complete these tests and to arrive at any future follow-up appointments on time. Your full health screening is usually completed within two or three visits, so your subsequent appointments are crucial.
- Upon completion of your exam, you may *ask for a printed copy* of your medical screening form for your records. You will receive any other necessary documentation after your follow-up visits and the exam is completed, including necessary medical documentation for your children to enroll in school.

#### 7. *What are your rights during the health screening?*

- Each family member has the right to *equal professional care and services*.
- You have the right to *free interpretation services*. These are usually telephonic.
- You have the *right to refuse any services* during the screening. The medical screening is designed with your health and wellness in mind, but as a patient you have the right to consent to or refuse any medical services.
- You have the right to *express your desire to be seen by a doctor of a specific gender*. Ask your case manager prior to the appointment. They can contact the clinic to try to arrange for this.
- You have the right to *bring a companion* with you into the exam room, subject to the clinic's rules regarding companions. Parents can always accompany their children.
- You have the right to *privacy*, covered under a U.S. law called HIPAA. All of your personal and health information will remain confidential.